



AHC Clinical Encounter Requirements

Client/Patient Encounter & NAMA Guidelines

Ayurvedic Health Counselors are required to have 50 client encounters in order to fulfill [National Ayurvedic Medical Association \(NAMA\) requirements](#) for Client/Patient encounters*.

- 25 observational or student/client encounter with direct supervision of preceptor
- 25 one-on-one encounters

***Note:** an encounter does not mean a new client. A student can meet one client multiple times for appointments and follow-ups.

For example, a student can meet six clients. For each client, they can schedule four appointments (1 initial + 3 follow-ups) and then 1 appointment with their mentor posing as a client. This would fulfill the 25 one-on-one encounters requirement.

MNIA is responsible to provide the students with reasonable opportunities to participate in 25 observational or directly supervised student/client encounters. The student is responsible to find their own clients to fulfill the 25 one-on-one encounters. For each client, a student must log and submit reports to their mentors.

AP Clinical Encounter Requirements

Client/Patient Encounter & NAMA Guidelines

Ayurvedic Practitioners are required to have 150 client encounters in order to fulfill [National Ayurvedic Medical Association \(NAMA\) requirements](#) for Client/Patient encounters*. A maximum of 50 client/patient encounters conducted at the AHC level of training may be added toward the 150 client/patient encounter requirement.

MNIA's AP Requirement:

- 50 observational or student/client encounter with direct supervision of preceptor
- 50 one-on-one encounters

***Note:** an encounter does not mean a new client. A student can meet one client multiple times for appointments and follow-ups.

For example, a student can meet twelve clients. For each client, they can schedule four appointments (1 initial + 3 follow-ups) and then 2 appointments (1 initial + 1 follow-up) with their mentor posing as a client. This would fulfill the 50 one-on-one encounters requirement.

MNIA is responsible to provide the students with reasonable opportunities to participate in 50 observational or directly supervised student/client encounters. The student is responsible to find their own clients to fulfill the 50 one-on-one encounters. For each client, a student must log and submit reports to their mentors.